



www.rushmoorschoolsplus.org

e-Newsletter – March 2017

Welcome to the 55th Rushmoor Schools Plus e-Newsletter, with contributions from many organisations working to support local children, young people and families. As ever, we suggest you select the bits of information that are relevant to your own organisation and share these with the people you work with.

The next Rushmoor Schools Plus e-Newsletter will be available in the week beginning 2nd May 2017. If you want anything included, please send information to Tony McGovern.

Tony McGovern (Rushmoor Schools Plus Partnership Manager) 01252 398 740 or tony.mcGovern@rushmoor.gov.uk

RUSHMOOR SCHOOLS PLUS UPDATE

Rushmoor Schools Plus Signposting

This e-Newsletter is one way that Rushmoor Schools Plus connects its schools, families and communities. Each month there are about 7,000 unique visitors to our website www.rushmoorschoolsplus.org, indicating that our signposting service is still the best you can find for local and national information for children and families, local news, what's on and celebrating good news. Please signpost to it from your own communications, newsletters, websites, etc., so that collectively we can make sure that information reaches the audience it's intended for.

Hart & Rushmoor Parent & Carer Event (PACE) - Thursday 15th June 2017

Thursday 15th June 2017, 11.00am – 7.00pm, Princes Hall, Aldershot

Free event for all parents and carers, organised by Hampshire CAMHS and supported by Rushmoor & Hart Supporting Families.

Information, Help, Advice, and Support from local and national organisations and agencies, to increase confidence and knowledge in managing potential concerns.

Workshops will include:

Sexual Health and Relationships

Challenging Behaviour

Gender Identity

Supporting a child who is being bullied

Anxiety Management

Supporting a child with eating difficulties

Crisis and Self-Harm

Supporting a child with Body Image and Self-esteem difficulties

Substance misuse

Book your workshop space at www.fitfsthampshire.com

Information stands space is still available for local organisations supporting children, young people and families – also booked via the website.

WHAT'S ON IN RUSHMOOR

Connaught Leisure Centre Holiday Playscheme

Tongham Road, Aldershot, GU12 4AS

Monday 10th to Thursday 13th and Tuesday 18th to Friday 21st April. Full day 8.30am to 5.30pm, £18.00. Part day 8.30am to 3.30pm, £16.00. The scheme is open to children age 4 - 12 years: 4 year olds need to have been in school for one term. Activities include Indoor and outdoor play, Dance, Sports, Arts & Crafts, Parachute games and more. Children will need a packed lunch, non-fizzy drink and comfortable clothing to play in and enjoy themselves. Registered with Ofsted, 507919.

Enrolment can be made in person, by e-mail at connaught.leisure@rushmoor.gov.uk or by telephone on 01252 344 438. In each case, a completed booking form and payment is required to confirm a place on the scheme. Website www.connaughtleisurecentre.co.uk

Squirrels Holiday Fun Club

Squirrels Educare, Rectory Road Park, Farnborough, GU14 7HX

Open for Half Term: **Monday 10th to Thursday 13th and Tuesday 18th to Friday 21st April, 8.30am to 6pm** at a cost of £25 per day. Early starts at 8.00am are available for a small additional charge. Pre-booking is essential. Summer half-term dates are 30th May to 2nd June.

Squirrels Holiday Fun Club offer a wide range of fun activities indoors and outside including football, tennis, snooker, crafts, games, construction and much more. Drinks and snacks including a light tea are provided. Please bring a packed lunch. Please contact Squirrels on 01252 378 402 or email office@squirreleducare.co.uk for more details and a booking form.

West End Centre

48 Queen's Road, Aldershot GU11 3JD. Box office 01252 330 040. www.westendcentre.co.uk

Short Story Competition

The West End Centre is inviting children aged 5 - 11 to enter its short story competition. Stories must be based on one of the following:

- The unusual visitor
- The amazing invention
- The hole in the wall

The competition has two age categories: age 5 - 8, and 9 - 11. Entrants must be between 5 and 11 years old on the date of submission.

Stories should be a **maximum** of 250 words, there is no minimum.

Entrants must be residents of either Hampshire or Surrey.

The winning entry in each category will be published on the Hampshire Cultural Trust and West End Centre websites and will receive prizes including an e-reader and signed copies of books by Mick and Chloe Inkpen. There are also prizes for the runner-up entries.

More information and the entry form can be found here: <https://hampshireculturaltrust.org.uk/short-story-competition>

Completed forms and stories should be returned to: Jennifer Upstill, West End Centre, 48 Queens Road, Aldershot, GU11 3JD via post or by email to Jennifer.Upstill@hampshireculturaltrust.org.uk

Closing date: end of Friday 23 June 2017

Winner Announced: Friday 14 July 2017

Princes Hall

Princes Hall, Princes Way, Aldershot, GU11 1NX. Box office: 01252 329 155

Play In A Day – Honk!

Thursday 13th April, 10am – 4pm. Ages 7-11years, tickets: £19

A must for all drama fans! Expert leader Debi Rush will give you the opportunity to learn new theatrical skills, meet new friends, build confidence and work on a short play that will be performed to parents at the end of the day.

www.princeshall.com/event/35002/play-in-a-day

Dance In A Day

Tuesday 11th April, 10am – 4pm. Ages 6 - 10years, tickets: £19

A must for all dance fans, and movers & shakers! Expert leaders Justine and Sian will give you the opportunity to learn new dance moves and skills, meet new friends, build confidence and work on a number of short choreographed pieces that will be performed to parents at the end of the day.

www.princeshall.com/event/35002/play-in-a-day

We're Going On A Bear Hunt

Tuesday 23rd May - 4.30pm

Wednesday 24th May - 10.30am & 1.30pm

Thursday 25th May - 10.30am & 4.30pm

Tickets: £13.50 / Groups 10+ £10.50

Michael Rosen's award-winning book We're Going On A Bear Hunt is brought vividly (and noisily!) to the stage in this fun-filled adaptation. Join our intrepid family of adventurers and their musical dog on their quest to find a bear; as they wade through the gigantic swishy swashy grass, the splishy splashy river and the thick oozy, squelchy mud! Expect catchy songs, interactive scenes and plenty of hands-on adventure – plus a few special surprises!

<http://www.princeshall.com/event/34002/were-going-on-a-bear-hunt>

Youth Theatre

Summer Term from April 2017 11 week term: £85

Are you interested in acting and the theatre? Would you like to make new friends and have some fun? Then why not join the Princes Hall's Youth Theatre?

The Princes Hall's Youth Theatre has been running for over 10 years and is open to all young people between the ages of 5 and 16 - the only requirement is an enthusiasm for theatre! The Princes Hall's Youth Theatre is ideal for those who enjoy performing and want to learn more about acting. It is a great opportunity for those wishing to build their confidence in a relaxed and supportive environment.

<http://www.princeshall.com/youththeatre>

Dance Club

Summer Term from April 2017 10 week term: £70

Are you aged 6 -11yrs? Have you ever wanted to learn to dance? Do you enjoy dancing and want to take part in regular classes? Well Dance Club is a perfect opportunity for you!! With the expert leader Sian, you will learn new dance moves and skills and work on a number of dance routines that will be performed to parents and friends as a final presentation at the end of the term. Not only will you learn new dance moves and routines but it is a chance to meet new friends, build confidence and learn in a fun and supportive environment.

<http://www.princeshall.com/danceclub>

Wellesley Woodlands – Easter Activities

Dawn Chorus Walk, Saturday 8th April

Join a guided walk to enjoy the dawn chorus and brush up on your birdsong recognition skills.

Meet at the Wellington Statue car park 30 minutes before sunrise, (meet at 5.50am). Everyone welcome!

The walk will be around the Wellesley Woodlands, so please dress appropriately and wear sturdy shoes.

If you would like to be involved, or would like more information, please contact Woodland Ranger, Andy Poole, on 01252 331 353 or email blackwater.valley@hants.gov.uk

Wellesley Easter Egg Hunt! Monday 10th April at 11am, Rushmoor Bottom

Find the hidden letters in the woodlands and uncover the secret word to win a chocolate egg!

For more information and to find out about other events and activities, visit www.wellesleywoodlands.co.uk

Rushmoor Gymnastics Academy

Pool Road, Aldershot, GU11 3SN. Phone: 01252 320 888 Email: Bernie@rushgym.co.uk

Closed for Playgym on Bank Holidays, (14th April, 17th April, 1st May and 29th May).

On Monday 10th – Thursday 13th April, and Tuesday 18th – Friday 21st April, Playgym will take place during the afternoons only. 12.45-1.45pm.

Normal times resume Monday 24th April, 9.30-10.30am & 1.30-2.30pm, except for Bank Holidays.

Easter Holiday Badge Courses

Monday 17th to Friday 21st April

9.30 - 10.30am Beginners
10.30 - 11.30am Pre-school (3-5 years)
10.30am - 12.30pm Intermediates

All welcome, book now!

Cost: £7.00 1 hour session £12.00 2 hour session
 £30.00 5 x 1 hour sessions £55.00 5 x 2 hour sessions

The courses cover the British Gymnastics Proficiency Award Schemes, and badges and certificates can be purchased.

Alpine Snowsports – Easter Holiday Programme

Gallwey Road, Aldershot GU11 2DD. Website for dates and details of various Ski camp dates and holiday activities is <http://activenation.org.uk/venues/alpine-snowsports-centre-aldershot/school-holidays/>

Email bookings@alpinesnowsports.co.uk Please call to pre-book on 01252 325 889.

Ski Levels 1 & 2 (8 – 16 year olds) £32 per level or Book all three levels for £55! These 3-hour ski sessions are available at two different levels. **Level 1** is aimed at complete beginners and will teach you how to slide in a straight line, to climb, snowploughing and introduce the ski lift. **Level 2** develops better balance and control and consolidates ploughing skills developing linked snowplough turns. The aim of attending both levels is to get children up to the practice standard. Please bring long sleeves, long trousers and gloves & dress for the weather.

- Ski Level 1 - 10.15am – 1.15pm **Wednesdays 5th, 12th, 19th & Friday 7th April**
- Ski Level 1 - 2.15 – 5.15pm **Monday 10th April.**
- Ski Level 2 - 2.15 – 5.15pm **Thursday 6th, Friday 7th, Wednesday 12th & 19th April**

1 DAY ACTIVITY CAMP (8 – 16year olds) £40 each (Purchase 2 places for £70!) Come and try a variety of Snowsports activities throughout the day! Drop-off is 9.15am and activities start at 9.30am. Children can be collected and signed out from 4.30pm although supervision is available until 5pm. The camp is designed to accept all levels of ability from beginner to advanced. Please bring long sleeves, long trousers, gloves and a hard hat if you have one & dress for the weather. Please also bring a packed lunch. The camp activities include Skiing, Snowboarding, X-Bobs & Donuts.

- **Tuesdays 4th, 11th, 18th & Thursdays 13th, 20th April**

SNOWBOARD Levels 1 & 2 (8 – 16 year olds) £32 per level or book both levels for £55! Each level is 3 hours duration. **Level 1** is aimed at complete beginners and covers balance and posture drills, straight running, heel edge side slip and using the lift. **Level 2** includes toe edge side slip, falling leaf and introduction to turns. The aim of attending both levels is to get children up to the practice standard.

- Level 1 **Monday 10th & Friday 21st April** 10.30am – 1.30pm
- Level 2 **Monday 10th & Friday 21st April** Snowboard 2.30 – 5.30pm

MINI ACTIVITY SESSION (4 – 8 year olds) £16 These 90-minute fun sessions are aimed at younger guests and consist of a 50-minute ski lesson with one of our friendly instructors followed by a 30-minute fun donut session!

- **Wednesdays 5th, 12th & 19th April**

To book call 01252 325889 anytime 10.00am – 8.30pm Monday to Friday and 10.30am – 5.30pm on weekends.

Junior Activities at Farnborough Leisure Centre and Aldershot Pools

Farnborough Leisure Centre

Westmead, Farnborough GU14 7LD. Telephone 01252 370 411. Website www.farnboroughleisurecentre.co.uk.

NEW Fit For Sport Activity Camp 4-12 years

Places for People are pleased to partner with Fit For Sport – the UK’s experts in engaging and educating children – to deliver children’s activity camps every school holiday. Fit For Sport has been delivering OFSTED registered camps for children aged between 4-12 years old for 25 years and will be working with the existing team to continue the successful Activity Camps at Farnborough. They will be delivering a wide range of activities this Holiday making sure kids have fun, make friends and keep moving during the holidays. To book your place this holiday visit www.fitforsport.co.uk or call 0845 456 3233.

Swim for £1 in the school holidays

For 16 years and under, swim for just £1 during Hampshire school holidays. Visit the website for details.

Family Fun Splash Times

Family Fun Sessions with floats. Monday to Friday 11.00am–12.00noon and 2.00–3.00pm during Holidays*. Call 01252 370 411 or visit www.farnboroughleisurecentre.co.uk for swimming and fun session times.

Children Under 8 Swim FREE – one under 8 free with every full paying adult.

Adventure Reef Soft Play

The soft play centre has an underwater theme. For children under 12 years. Under 5’s area with a mini ball pond, wavy slide and soft toy fun. Over 5’s area with wavy slides, ball ponds, twisty swings and rope climbs. Height restrictions apply. Socks must be worn and children under 8 must be supervised by an adult at all times.

Junior Gym

11–16 year olds can use the gym between 10.00am–3.00pm every day* during Hampshire school holidays. An induction session is required. Junior Gym session £4.50, Induction Session £16.00.

Crèche

The fully supervised crèche at Farnborough Leisure Centre is for children aged 8 weeks to 5 years 11 months while you use their facilities. Please call 01252 370 411 or visit the website for the Centre’s opening times or more information.

Holidays at Farnborough Bowl

Look out for Holiday Bowling Deals. Call 01252 554 046 for more information or visit www.farnboroughbowl.co.uk

*Please visit www.farnboroughleisurecentre.co.uk or call 01252 370 411 for Holiday Opening Times.

Aldershot Pools

Guildford Road, Aldershot GU12 4BP. Telephone 01252 323482. Website www.aldershotpoolscomplex.co.uk.

Swim for £1 in the school holidays

For 16 years and under, swim for just £1 during Hampshire school holidays. Visit the website for details.

Family Splash Times

Family Fun Sessions with floats. Monday to Friday 3.00-4.00pm during Holidays*. Call or visit the website for swimming and fun session times.

Junior Gym

11–16 year olds can use the gym between 10.00am - 2.00pm on Tuesday, Thursday and Saturdays during Hampshire school holidays*. An induction session is required. Junior Gym session £4.50, Induction Session £16.00.

*Please visit www.aldershotpoolscomplex.co.uk or call 01252 323482 for Holiday Opening Times.

Step by Step – Make a difference this Easter

1 in 100 young people in the UK are now expected to experience homelessness (Young People Count 2016)

Will you donate £5 to Step by Step instead of buying an Easter Egg this year?

£5 could provide a toiletry parcel for a young person who is street homeless or moving into Step by Step accommodation services.

Your £5 could make a real difference this Easter time Text BUNY05 £5 to 70070, donate online at

<https://www.justgiving.com/stepbysteppartnership> or send a cheque payable to Step by Step to 36 Crimea Road, Aldershot, Hants, GU11 1UD

Text **BUNY05 £5 to 70070** to donate to Step by Step and make a difference today.

Hop to it this Easter and make 2017 Eggstra special for local young people.

However you choose to fundraise, every £10 raised could provide a vital support session for a young person
Bunny brilliant ways to raise funds!

- Easter Egg hunt
- Bunny Hop party (bunny themed fancy dress)
- Guess the number of mini eggs in a jar
- Bunny pizza party (make bunny shaped pizzas!)
- Easter themed dress down day at work/school

For any further information, please contact Jenny on jenny.jackson@stepbystep.org.uk or 01252 346112

Farnborough Library

Chickens for Children

Join Suzie Baldwin, a couple of well-behaved hens and maybe some chicks, for a talk about chickens and how to care for them.

Weds 12th April 2:30pm, £3 (accompanying adults go free). For children aged 4+ All children must be accompanied by a responsible adult. Advance booking is essential at www.hants.gov.uk/shop/ or phone booking line on 01252 516 458.

One You Wellbeing Festival - Aldershot Garrison Sports Centre

Join in on **Sunday 7th May at Aldershot Garrison Sports Centre** for the One You Wellbeing Day, a free fun event for all ages. Between 11am and 3pm there will be tips and support, displays and demonstrations, activities to join in with, and NHS Health Checks for people aged between 40 and 74. You can also meet Hampshire Fire & Rescue Service and check out the fire engine!

Then from Monday 8th to Sunday 21st May people are being encouraged to move more with a range of free, discounted and low-cost physical activity opportunities across Hart, Rushmoor, and Waverley. All of the activities on offer are provided by local leisure centres, instructors, groups and clubs.

Full information about the festival can be found at www.hart.gov.uk/oneyou

Basketball Coaching

Fridays 5.00-6.00pm at Samuel Cody Specialist Sports College sports hall. For 14-25 year olds, £1.50 a session pay and play. Young people can just turn up on the night to play. For more information please call Sheila Limbu at Rushmoor Borough Council on 01252 398 128 or email communitydevelopment@rushmoor.gov.uk

Farnborough Fins Swimming Club (FFSC)

FFSC is a not for profit, community-based company providing swimming lessons, subsidised school swimming programmes and teacher training courses alongside the Amateur Swimming Association (ASA). FFSC also works alongside Hampshire County Council for children with Gateway cards. Telephone 07944 165 604. Email office@farnboroughfins.org Website <http://www.farnboroughfins.org/>.

Swimming Lessons

FFSC can now enrol new students at any time in the year, subject to availability. Lessons run 7 days a week across three venues for beginners to advanced swimmers of all ages, with lessons for babies, pre-schoolers, school age children and adults.

Easter Crash Courses, Monday 10th – Thursday 14th April

Group lessons will be held in the mornings between 9:30-11:00 am. There will be 4 classes of 6 children running every half hour. Across the four days of the crash course, each group will be taught by a Farnborough Fins teacher and a helper. There will be pre-school classes, beginner classes and classes for abilities up to and including Stage 4. The course is suitable for all abilities. Kings International College, from 9.30-11.00 am, duration 30 minutes, cost £33.60 for the 4 days.

Bespoke Subsidised School Swimming Programmes

FFSC offers bespoke School Swimming programmes where local schools can benefit from free pool time using FFSC teachers, or subsidised lessons run by their own qualified teachers. This scheme ensures that budgets are maximised and that children receive the very best experience in the lifesaving skill of swimming.

Gateway Cards

FFSC have a number of children swimming with them from Hampshire who hold a Gateway card. If you are, or know of, a Gateway card holder please get in touch to see what FFSC can offer you.

Prospect Community Centre Friday night youth club

Every Friday (term-time) 5pm to 7.30pm at the Prospect Community Centre, Mayfield Road (near the junction with Totland Close), Farnborough. A place for young people to hang out with friends, play music and games and enjoy some hot food. It's free to attend. Activities include – games, pool, table football, air hockey, arts & crafts and music. The youth club is for young people aged **11 – 16 years** and is based. To find out more, contact Sheila Limbu at Rushmoor Borough Council on 01252 398 128.

Aldershot Town Football in the Community Trust Easter Holiday Courses

Easter football courses will run from 10am to 3pm at **Oakley Park, Fleet**, as follows:

Week 1: Tuesday 11th – Thursday 13th April

Week 2: Tuesday 18th – Thursday 20th April

Football coaching is for young people aged between five and 15 years old, of all skill levels, and is managed by F.A. qualified Aldershot Town Community Trust staff. Costs are £15 per day, £40 for one week or £70 for the two weeks. Skills development, matches and a chance to win trophies and medals!

Parkside (Aldershot & District Learning Disability) Summer Playscheme - August

The Scheme runs in August with two groups, Ages: 8-12 & 13-19 years, 9.30am to 3.30pm

Cost: £15 per day (Bursary scheme available, please ask for details)

To register your interest call 01252 313 103 or Email: parkside57@btinternet.com

www.parksidealdershot.co.uk

Hart & Rushmoor Young Carers Club

There are places for 8-13 year olds who are young carers at the Hart and Rushmoor Young Carers Club which meets in Farnborough on Wednesday evenings (5.30-7.30pm) and for 10-18 year olds at the Fleet Club on Monday evenings (7.00-9.00pm). More details are available on the Hampshire Young Carers Alliance web-site <http://www.hyca.org.uk/> by calling Hart Voluntary Action 01252 815 652, or e-mailing youngcarers@hartvolaction.org.uk

They would also be interested to hear from anyone who could volunteer their time to transport young carers to and from both clubs through the same contacts.

NEWS FROM RUSHMOOR SCHOOLS & COLLEGES

St Mark's CE Primary School, Farnborough - Rock Challenge Competition

Trust nothing.....Believe Everything!

Staff were incredibly proud of all the children who took part in the Rock Challenge Competition on Friday 17th February. They set off at 7.30am to Southampton, full of anticipation, a van full of stage setting, props, costumes, a 20ft pole....and of course a few butterflies in their tummies!

After a couple of rehearsals and a wonderful lunch in the park, the reality of the 'real' performance dawned upon them as they prepared for their performance. The dressing room oozed solidarity and shared excitement as the children changed into their magnificent costumes and were transformed into their characters....of course makeup and hair styles completed the final touches! A hush spread through the dressing room as the stage crew came to announce that it was time for their performance.....WOW! 8 minutes that changed the lives of their young people! They became performers, artists, stage directors and entertainers and danced with every ounce of energy they possessed.

The evening concluded with the results...all huddled together in the dressing room watching it on a big screen, the children watched in anticipation! They cheered when they were awarded 9 separate awards in excellence as well as 3rd place....tears of happiness and hugs all round!

Well done St Mark's...they must also mention that without the support of our volunteers they simply couldn't make this happen. This truly was a time where their school community came together and they would like to extend a huge thank you to all those who supported and helped with this event, whatever your role, big or small – it was all much appreciated!

South Farnborough Infant School – Grounds Development

South Farnborough Infant School will be acquiring The Linden Education Centre Site in July. Apart from being a very exciting opportunity for them, it is also a very daunting one, as they will not have a budget to make changes to adapt the building for their use. They will move their Early Years Unit over to the new site, which is situated behind their current site, and increase their intake to accommodate the new space.

They are applying for a small grant to help develop some of the outdoor space on the site which they hope to complete before officially opening the building to new entrants in September. They would very much like to hear from anyone who works for or is linked to an organisation that might be interested in helping us to gain funding to develop the site further. They would also like to hear from you if you are able to offer your help developing the outdoor spaces or with donating equipment or outdoor materials such as logs, bark or natural outdoor materials. They are a Green Flag school and all their Teaching and Learning aims to engage children with their local as well as global environment and teach ways in which they can have an impact on protecting it. All help greatly appreciated! Contact the school on 01252 543 727 or email adminoffice@southfarnborough-inf.hants.sch.uk

WHAT'S ON BEYOND RUSHMOOR

Anvil Arts, Basingstoke – Upcoming Shows

DON'T DRIBBLE ON THE DRAGON, Thu 20 Apr, 2pm, The Haymarket

Tom is a toddler with a cool older brother, a secret dragon... and a dribbling problem that just won't stop! When Tom's endless drooling threatens to tear the brothers' friendship apart can their dragon's amazing magic help them put it back together again or will it only end up making things worse?

Suitable for ages 2 and over and their families. Running time: 60 minutes (no interval). £12 (includes £2 booking fee)

THE TAP DANCING MERMAID, Tue 18 Apr, 2pm, The Haymarket

Marina Skippett creeps down to the boardwalk every night to shuffle and stomp to the sounds of the sea. She can't tap dance at home since her evil Auntie banned it. But then, one moonlit night, Marina meets a mysterious, watery boy and her life is never the same again! Featuring stunning puppets, original live music and tap dancing.

Suitable for ages 3 and over and their families. Running time: 50 minutes (no interval). £12 (includes £2 booking fee)

NAOMI'S WILD & SCARY, Thu 20 Apr, 2pm, The Anvil

Children's TV presenter **Naomi Wilkinson** (*Naomi's Nightmares of Nature, Wild and Weird*) is joined live on stage by some really scary creatures, including a carpet python, alligator snapping turtle, a giant centipede and a tarantula!

Suitable for ages 5 and over and their families. Running time: 2 hours (including interval). £19.50; Over 65s, under 16s and f/t students £16.50 (includes £2 booking fee)

ROBIN HOOD: AN EASTER PANTOMIME, Sun 23 Apr 2pm & 6pm, The Anvil

Join in with this swashbuckling, arrow-slinging, tights-wearing comedy adventure, starring children's TV favourite

Dani Harmer (CBBC's *Tracy Beaker*), *Britain's Got Talent* winner **George Sampson** and X-Factor runner-up **Andy Abraham**.

Suitable for the whole family. Running time: 2 hours 30 minutes (including interval). £21; Over 65s, under 16s and f/t students £19 (includes £2 booking fee). Family ticket available.

DINOSAUR WORLD, 20 – 21 May, The Anvil, Sat 11.30am & 2pm, Sun 11.30am

Experience the delights of the prehistoric world in this interactive new show. Discover some astonishing (and remarkably life-like) dinosaurs, including every child's favourite flesh-eating giant, the Tyrannosaurus Rex, a Triceratops, and Segnosaurus, to name a few.

Suitable for ages 3 and over. Running time: 50 minutes (no interval). £14.50 (includes £2 booking fee)

DICK & DOM LIVE! Tue 30 May, 2pm & 6pm, The Anvil

Heroes of children's TV, **Dick & Dom** are about to be unleashed! The BAFTA-winning stars of *Diddy TV*, *The Legend of Dick & Dom* and of course *Dick & Dom in Da Bungalow* will be live on stage, bringing their inimitable bundle of fun and anarchy to life.

Suitable for ages 5 and over. Running time: 90 minutes (including interval). £14; Under 16s £12, Family ticket available (includes £2 booking fee)

Telephone 01256 844 244, Website www.anvilarts.org.uk

NEWS FROM PARTNER ORGANISATIONS AND GROUPS

The Sixth Form College Farnborough

With over 3,600 students studying a variety of subjects and exploring a host of career and progression routes, 6FC Farnborough are on the lookout for work experience/volunteering opportunities for its students.

Are you able to support students in expanding their employability skills and gaining key industry insights? Or are you looking for flexible, capable, young individuals to support your projects/events?

6FC students are a motivated, talented and engaging group of young people. If you have opportunities available or would like to discuss ways to link up with the College please contact Laura Wakefield on 01252 688 200 or email lwakefield@farnborough.ac.uk

Community Matters Partnership Project (CMPP)

CMPP are always looking to support local schools and colleges with careers events and days. Please email Jenna Grant (jgrant@cmpp.org.uk) a list of your upcoming careers, events and talks (including dates, times and age range of students) if you would like any assistance in organising for local businesses to come in and support your day.

For more information please contact jgrant@cmpp.org.uk or visit their website, www.cmpp.org.uk

Voluntary Groups and Volunteer Fair – Aldershot, Saturday 3rd June

The fair is being organised by Rushmoor Voluntary Services (RVS) and Rushmoor Borough Council with the aim of giving local organisations the chance to showcase what they do and to encourage residents to become more involved.

The fair will take place along Union Street and Wellington Street with gazebos provided to voluntary organisations taking part. The event also coincides with National Volunteers' Week and the launch of Rushmoor's Good Causes Lottery, which it is hoped, over time, will support a number of local good causes. The event will be combined with a regular monthly craft fayre held in the town centre so there will be plenty of footfall.

If you have any questions please email Greg Alexander, Chief Executive at RVS greg@rvs.org.uk

Mustard Seed Autism Trust

Mustard Seed Autism Trust supports families with children on the autism spectrum aged 3-11, living within ten miles of Farnborough.

In addition to their Ready Steady Go Group (communication course) and The Chill Out Zone (anxiety management course) they have developed a new course called The Friendship Zone. This is a six-week course for junior aged children with autism, focusing on developing social and emotional understanding. They have also received funding to be able to run a Lego Therapy group and can't wait to get started!

For more information about their courses and the charity please check out their website

www.mustardseedautism.co.uk or contact info@mustardseedautism.co.uk

Royal Army Physical Training Corps Museum

Monday – Friday, 10am – 4pm. Fox Lines, Queen’s Avenue, Aldershot, GU11 2LB.

Based inside the Army School of Physical Training, the Museum tells the story of the men who make the British Army fit to fight. See the historic uniforms and equipment and the medals won by the Corps, pit your wits against the Museum quiz and have a go at dressing up as a soldier! There is free parking outside and free entry to the Museum, but please bring photo ID for entrance.

Rushmoor In Bloom 2017

The popular Rushmoor in Bloom Schools Competition is now open for entries! Sponsored by Squire’s Garden Centre in Badshot Lea, local schools are invited to get involved with a variety of categories including Best Grounds for Birds, Garden of the Future and Best Edible Patch. There is also a fun best picture competition asking children to create a ‘Carnival of Colour Floral Display’.

Last year saw 25 Schools and pre-schools enjoy the competition, and all schools are encouraged to participate. You can enter just one category or a number of categories and every entry will receive a certificate. There are special prizes for the winners in each category.

Entry is free and you can do so on line at:

www.rushmoor.gov.uk/article/6327/Rushmoor-in-Bloom-schools-competition

Closing date for entries is Friday 7th April. All entrants are invited to the launch event at Squires Garden Centre on Wednesday 26th April (places must be pre-booked via your entry form). Judging takes place between Monday 19th and Friday 23rd June and prizes are then awarded at a presentation ceremony in September.

For more information about Rushmoor in Bloom in 2017, visit www.rushmoor.gov.uk/rushmoorinbloom, email lisa.thornett@rushmoor.gov.uk or call 01252 398 005.

Veolia Recycling projects for Rushmoor Schools

Veolia have a whole programme of lessons, assemblies, hands-on experiments and interactive outdoor sessions available to KS1 and KS2 pupils. They would like to visit primary schools in the borough at no cost to schools. Bringing a Veolia Recycling vehicle into the school playground and encouraging the children to look around the vehicle and ask questions is highly effective. This is usually run alongside a Recycling poster competition.

Sample lesson plans and the Recycling poster competition details are available from Robert Noble, Contract Manager, at robert.noble@veolia.com who’ll be happy to discuss the needs of individual schools. Veolia can also adapt the sessions for uniformed organisations, youth groups, Residents associations, etc.

Farnborough Rotary Club

Farnborough Rotary Club has an established and growing programme of events and activities for young people with business, vocational and cultural aspects.

The 2016/2017 national **Rotary Young Chef Competition** is now complete. Arrangements for 2017/2018 will be announced in due course. Please contact Moira Hutchings for further details at moira.hutchings@hotmail.co.uk

Interview Practice and Business Skills: The business expertise that exists within the Club is being put to use within our local community, with members sharing their knowledge to help students understand the many challenges they face in the employment world. Club members have a desire to share their many years of experiences with your students and discuss opportunities to pass on that hard learned experience.

In recent years, the Club has been successfully helping students of all ages in local schools with **Mock Interviews, Enterprise Challenges** and an **Aspiration Week**. These activities are aimed at all ages including primary schools. We can also help to organise **Skills Festivals** where groups can visit about four business stalls for 30 minutes and conduct a task while learning about a job, career or higher education opportunities.

During 2016 Mock Interviews took place at Ash Manor, Fernhill, Wavell and All Hallows Schools and at Farnborough Technical College Construction School. The feedback from the schools is extremely positive from both students and staff.

If you feel that your school could benefit, and you would like some help with these ideas or any other business issues please contact Charlie Fraser-Fleming who would be very happy to organise a visit by club members to discuss possibilities and needs. This can be done at any time in the school year. However, please give as much notice as you can. Contact Charlie Fraser-Fleming at charlie_ff@outlook.com 07714 322 352.

Cove Brook Greenway Group

Cove Brook Greenway Group is an environmental group in Farnborough, Hampshire, which looks after the Cove Brook. Cove Brook drains off the hills west of Aldershot in north east Hampshire and runs north through Cove, Farnborough, to join the River Blackwater on Hawley Meadows, north west of the M3 motorway at Junction 4.

The group, made up of volunteers, seeks to improve the greenway for people and wildlife, and is open to everyone. The group holds conservation working parties and open meetings, and works with Rushmoor Borough Council, Blackwater Valley Countryside Partnership, the Environment Agency and other parties.

Work parties take place on the second Saturday of each month for two/three hours, meeting at a different location along the Brook each time. All welcome but children under 16 years of age **MUST** be accompanied by an adult. All equipment is provided and each work party starts with a safety briefing and ends with refreshments!

Cove Brook Greenway Group members are local residents who see the brook as a valuable asset both for people and wildlife (a Kingfisher was spotted recently). Meetings and other events are open to everyone and the group can provide resources for schools. The group supports the council with litter picking events in the spring and winter. They also work with council officers to carry out improvements such as path surfacing. They manage the Birchbrook Reserve off Birchbrook Road as a nature area and also carry out conservation work on Southwood Meadows. The group has a free quarterly newsletter and four open meetings a year with invited speakers. In the summer, they arrange walks and wildlife surveys. A leaflet describing the work of the group is available.

The field centre at Blunden Hall has resources for schools and groups.

The next work party will be CBGG working in conjunction with **Rushmoor Borough Council for the annual Spring Clean on Saturday 8th April at 10.00am meeting at Curly Bridge Footpath at the end of Cheyne Way.** Further work parties on second Saturday of every month.

***** **SAVE THE DATE Sunday 18th June – Family Fun Day – Blunden Green** *****

Contact Details: Email covebrookgg@yahoo.co.uk Tel: 07510 881 939 Facebook: Cove Brook

New Foodbank Service in Aldershot

The Farnborough Foodbank has opened a Foodbank Distribution Centre in Aldershot at New Testament Church, 83 Victoria Road, Aldershot GU11 1SH. The distribution centre will be open on Tuesdays and Thursdays 1.00-2.30pm for those people who have been given a food voucher to enable them to receive a food parcel. For further details please email info@farnborough.foodbank.org.uk or phone 01252 331 668.

Hart leads on a Hampshire wide approach to tackling domestic abuse

Hart District Council has led a successful bid to government for £312,000 to tackle domestic abuse across Hampshire.

The Council will use the funding to support the Hampshire Making Safe scheme which works with victims of domestic abuse, enabling them to stay safe in their own home. A team of workers across Hampshire will work with clients to safety plan, provide ongoing support and on a very practical level, fit security equipment in their homes to keep them safe from perpetrators.

The big advantage of the Hampshire Making Safe Scheme is that victims do not need to flee their homes in order to stay safe, allowing spaces in refuges to be reserved for the most extreme cases. This minimises disruption to families, meaning they won't need to move out of area and disrupt the schooling of their children. The scheme aims to provide help to around 280 clients.

The project is a partnership between the 11 councils, Hampshire Fire and Rescue, Hampshire Police, the Blue Lamp Trust and the two domestic abuse providers You Trust and Southern Domestic Abuse Service. The project will also work with private sector landlords in Hampshire to secure accommodation for women who are ready to move out of refuge accommodation, through funding to provide rent deposits.

For more information about the project, contact Hart District Council's housing projects team on 01252 774 420.

Hart leads the way on £385,000 homelessness prevention bid

Hart District Council has secured £385,000 worth of central government funding after successfully bidding to the Department for Communities and Local Government (DCLG) to fund a new national Homelessness Prevention Trailblazer programme.

The Council has worked in partnership with Rushmoor Borough Council during the bid and they will look to work with wider public services to deliver a more targeted approach to preventing homelessness. The aim will be to deliver holistic support for people who may be homeless or threatened with homelessness, with interventions that extend beyond simply addressing housing related problems so that wider support needs can be identified and met. The trailblazer will fundamentally change the local assessment processes, and work towards the provision of 'universal' prevention services that proactively assist people who may not traditionally have been considered to be a 'priority' for homelessness support.

The project will run over the next 2 years with work to commence implementation and set up well under way. The project intends to develop a platform that can support other areas who share the Hart and Rushmoor ambition and wish to replicate their own version of the trailblazer in their area.

If you are homeless or threatened with homelessness in Hart, please contact the Council's Housing Services on 01252 774 420 or by email housing@hart.gov.uk. The Council offers a free advice service for local residents and landlords regarding housing and related issues. If you identify a rough sleeper in Hart, please also contact the Housing Service using the details provided. Alternatively, you can report rough sleeping via the national StreetLink service by visiting www.streetlink.org.uk. StreetLink will notify the Council directly of any reports of rough sleeping within the local area.

The Source Young People's Charity Grand Fundraising Event

**Nepalese Evening, Friday 29th September 2017, Empire Banqueting Suite, High Street, Aldershot, GU11 1DJ
7.00 for 7.30pm**

The Source Young People's Charity transforms the lives of young people through specialist youth work, counselling, mentoring and anger management. It also leads BikeStart, a social enterprise bike project which provides bike based team building days, refurbishes and sells donated bikes, repairs and services bikes. The charity needs to raise £220,000 every year, so let's put the FUN into FUNdraising and have a great night too.

Experience a real Nepalese evening at Empire a beautiful 1930's art deco cinema next to Princes Gardens in Aldershot. Sensible priced wines and beers, delicious authentic Nepalese cuisine. Come with friends and family and make up your own table of eight or join others. Businesses are invited to support the auction and raffle. Reserve your tickets now and have something to look forward to after the summer. Call Event Organiser Sue Collen on 07794 188 700

sue.collen@thesourceforyou.co.uk

www.thesourceforyou.co.uk

Hampshire Local Offer web pages

If you are advising families with disabled children or working with disabled young people, the Hampshire Local Offer web pages provide a range of information on services available in Hampshire for children and young people from birth to 25 years who have special education needs and/or disabilities. This includes information about:

- Education and childcare
- Respite and support
- Equipment and therapies
- Health
- Preparation for adulthood
- Leisure and play

There are also sections including jargon busting, hints and tips for parents, along with updates on a range of relevant and targeted information.

The Hampshire Local Offer pages can be accessed at https://www.hantslocaloffer.info/en/Main_Page
Further information is available online at the link provided or by telephone 0300 303 8603.

Tax-free Childcare Website

The government's tax-free childcare scheme will officially get under way on 28th April, with parents able to pre-register through a new website dedicated to childcare entitlements, the Department for Education has announced. From next month parents of children under the age of two will be able to access the tax-free childcare scheme, whereby the government tops up £2 for every £8 parents pay into it. By the end of the year the scheme will be available to all eligible parents of children under the age of 12, or under 17 if disabled.

Parents are now able to pre-register through the newly created www.childcarechoices.gov.uk website, which also features information and advice on September's launch of 30 hours of free childcare for three- and four-year-olds, childcare vouchers and Universal Credit.

This also includes a www.gov.uk/childcare-calculator for parents so they can compare childcare offers and available support for their family.

TRAINING AVAILABLE

Reading and Writing skills at The Vine

In just 5 weeks you could increase your skills and have more opportunities by improving your basic English. Come and join this small and friendly group
Tuesday 25th April for 5 weeks. 10.00am – 12.00noon
Speak to Nicola at The Job Club

British Red Cross Everyday First Aid – courses for groups

The British Red Cross offer groups a two hour First Aid course to teach a few simple skills that could save someone's life. The cost is £60 for group sessions. They will come to your venue to deliver this course. For more information please contact: Becky Paton on 07590 445 388 or email: bpaton@redcross.org.uk

Rushmoor Voluntary Services Training Opportunities

Emergency First Aider at Work

Wednesday 5th April Wednesday 5th July
Wednesday, 11th October Wednesday, 6th December
9.00am - 4.00pm, cost £50.00

Farnborough Community Centre, Meudon Avenue, Farnborough GU14 7LE

Emergency First Aider at work is regulated by HSE and effectively replaces the Appointed Person Course - Certification is valid for 3 years with HSE approval (No 38/04)

For more information and a booking form, please call 01252 540 162 or email: support@rvs.org.uk

'MiDAS Training' (Mini-Bus Driver Awareness Scheme)

Wednesday 17th May Full course
Wednesday 14th June To be determined
Wednesday 12th July Refresher

Costs: Full Courses:

RVS members: £55 (non accessible) and £70 (accessible)

Non-members: £65 (non accessible) and £80 (accessible)

Refresher Courses:

RVS members: £35 (non accessible) and £50 (accessible)

Non-members: £40 (non accessible) and £55 (accessible)

Farnborough Community Centre, Meudon Ave, Farnborough GU14 7LE

Accessible training enables the driver to use the tail lift and take wheelchair passengers. The Trainer will arrange a suitable date and time for the driving assessment.

For more information, please contact Viv on 01252 540 162 or email: viv@rvs.org.uk

Accredited Food Hygiene

Accredited Food Hygiene Courses are facilitated by Rushmoor Borough Council. Cost is £40.

The three-hour courses can be booked directly with Rushmoor here: www.rushmoor.gov.uk/foodtraining

The Food Safety in Catering Course is a level 2 equivalent certificated course for anyone working in a catering setting where food is prepared, cooked and handled. The course is aimed at volunteers and people working with voluntary and community groups.

FUNDING & GRANTS CURRENTLY AVAILABLE

Rushmoor Borough Council Grants

Rushmoor Borough Council has four grants pots which community and voluntary groups can apply to:

- Farnborough airport community environmental fund grants
- Community grants
- Rushmoor Sports Forum grants
- Uniting Communities grant fund

Information about what some groups have used the money for can be seen in the Community grants leaflet which can be found at www.rushmoor.gov.uk/grants together with details of the above funds and how to apply.

Coming soon... Rushmoor Community Lottery

There will soon be a new way for local community groups to raise funds – the Rushmoor Community Lottery which is about to be launched by Rushmoor Borough Council.

By signing up as a good cause, your group will receive 50p for every £1 ticket that your supporters buy. In turn, your supporters could win a prize of up to £25,000 in the weekly draw. Signing up is FREE and there will be a dedicated website launching in May, where you can:

- Build a web page for your good cause
- Get help with personalised marketing materials to send out to your supporters and the local community
- Get support with guides, tips, email and phone assistance

You'll receive 50% of all ticket sales from supporters who sign up on your page. Your funds will be transferred into your bank account every month.

No catch! No fees, no administration, no hassle. All you need to do is tell your supporters and community about the Rushmoor Community Lottery!

In addition, you will receive:

- Weekly updates on the progress of the lottery and the supporters directing their support to you
- Regular updates
- Access to an online dashboard, so you can see real time statistics on your supporters

The first public draw is expected to be in July.

In the meantime, please register your interest on the Rushmoor Borough Council website at www.rushmoor.gov.uk/communitylottery and the Council will be in touch.

If you'd like to know more about how the Rushmoor Community Lottery can help your good cause, please contact Alison Nicholls at Rushmoor Borough Council on 01252 398 766 or by email to alison.nicholls@rushmoor.gov.uk

Community Matters Partnership Project – Give & Get Days

Is your school in need of a revamp? Need a helping hand with an overdue garden or classroom project? CMPP are here to help with skilled volunteers to get that project back on track.

Apply for a G&G day today! Simply tell them what you need and they will do their best to match you up with a company who have the skills to complete your project. Volunteer field teams will range from 5-25 employee volunteers (and can be both skilled and non-skilled, depending on the project in question).

If needed, they are also able to offer £500 for resources or materials needed for your idea. All applications received will be emailed to the Partners of CMPP for consideration. They cannot guarantee that your project will be sourced but they will try our hardest to get you as much support as possible.

Ideas might include: gardening or allotment projects within your school grounds, painting and renovation projects of youth charities or social enterprises, conservation projects that work with young people on local resources, education and business clean-up days, mentoring programmes, mock interviews, literacy projects, careers events and inspirational talks to name just a few....

For more information please contact jgrant@cmpp.org.uk or to apply for a G&G day www.cmpp.org.uk

BMW are looking for volunteering activities to host 30-35 employee volunteers on **Thursday 13th April or Thursday 20 April**. Think you can provide a project for them? Please email jgrant@cmpp.org.uk

Awards for All

Awards for All offers grants of between £300 and £10,000 for grassroots and community activity that aims to improve life for local people and neighbourhoods. Tower Hill Primary School was recently awarded £10,000 for an outdoor fitness gymnasium.

<https://www.biglotteryfund.org.uk/global-content/programmes/england/awards-for-all-england>

PEBL Grants Pots

Individuals or community groups based on the Prospect Estate can apply for a PEBL (Prospect Estate Big Local) grant to help run a new local project which will benefit Prospect Estate residents. Applications can be made for between £100 and £500 (in exceptional circumstances £1,000 may be awarded).

Examples of awards made so far include:

- £100 to Church of the Good Shepherd towards their Prospect Estate gardening project
- £168 to the Mayfield Community Partnership towards their Sports & Fun festival to buy a pop up Badminton set
- £500 to the Mayfield Community Partnership towards their English language sight and sound programme to buy a projector and screen

For further details please email pebl.coordinator@gmail.com

Comic Relief Community Cash Fund

Now open for online grant applications of between £500-£1,000, for groups across the whole of Hampshire and the Isle of Wight. Grants will be awarded to those organisations working in disadvantaged or deprived areas supporting work where there is clear evidence of a beneficial impact on people's lives. Comic Relief are targeting issues from Health & Wellbeing and Disability through to Rural Issues and Employment & Labour, please check the full list of issues on the link below. The deadline for all applications is Friday **5th May 2017**.

www.hantscf.org.uk/grants/available-grants/comic-relief-community-cash.aspx

Lloyds Bank Foundation

Lloyds Bank Foundation is accepting applications for its Enable programme to support people experiencing multiple disadvantage. Applications are invited on an ongoing basis. For more information, please visit the website:

<http://www.lloydsbankfoundation.org.uk/our-programmes/>

The St. James's Place Foundation

The Foundation has a small grants programme for charities in the UK for helping young people with special needs or disadvantage. There are no deadlines. For more information on how to apply, please visit the website:

<http://www.sjpfoundation.co.uk/apply-for-funding.aspx>

Alec Dickson Trust

The Trust offers funding to support to young people running projects that benefit disadvantaged communities and individuals. The next deadline is **12th April**. For more information, visit <http://www.alecdicksontrust.org.uk>

Screwfix Foundation

The Foundation offers grants to organisations helping people in need through financial hardship, disability, stress or other disadvantage. Deadlines are quarterly in May, August and November 2017. For more information please visit the website <http://www.screwfix.com/help/screwfixfoundation>

**Many thanks to all the organisations who contribute
Information to this e-Newsletter**



www.rushmoorschoolsplus.org
www.facebook.com/RushmoorSchoolsPlus