



www.rushmoorschoolsplus.org

e-Newsletter – July 2018

Welcome to the 63rd Rushmoor Schools Plus e-Newsletter, with contributions from many organisations working to support local children, young people and families. As ever, we suggest you select the bits of information that are relevant to your own organisation and share these with the people you work with.

The next Rushmoor Schools Plus e-Newsletter will be available in the week beginning 8th October 2018. If you want anything included, please send information to Tony McGovern at tony.mcGovern@rushmoor.gov.uk

Rushmoor Schools Plus

Each month there are still about 7,000 unique visitors to our website www.rushmoorschoolsplus.org, indicating that our signposting service is the best you can find for what's on and for local and national information for children and families. Please signpost to it from your own communications, newsletters, websites, etc., so that collectively we can make sure that information reaches the audience it's intended for.

WHAT'S ON IN RUSHMOOR

Rushmoor Borough Council Summer Activities Listing

Rushmoor Borough Council has put together an online list of activities for children and young people happening in the borough during the summer holidays. The Summer Activities listing is available at:

www.rushmoor.gov.uk/summeractivities

Visit the Rushmoor Council website for details of local playschemes <http://www.rushmoor.gov.uk/playschemes>.

There is also a calendar of events and activities for the whole family <http://www.rushmoor.gov.uk/events>

Parkside Summer Playscheme in July & August

Summer Playscheme 2018 for children with a learning disability. From 30th July to 23rd August.

Two age groups: 8 – 12 years and 13 – 19 years. 9.30am – 3.30pm daily, cost £20 per day.

To register call 01252 313 103 or email lisa.alderston@parksidedaldershot.co.uk

Summer Newsletter for Hart Families

Here is the link to the Summer Newsletter for Hart Families. Please share this with families and contacts.



Summer Newsletter
for Hart Families 2018

If you would like to submit information for the Autumn newsletter please send me a word document, jpeg or pdf by Monday 15th October.

Alderwood Leisure Summer Holiday Playscheme

Alderwood Leisure, Tongham Road, Aldershot, GU12 4AS

Tuesday 24th July – Friday 31st August, 8.30am – 3.30pm: £16.00 per day, 8.30am – 5.30pm: £18.00 per day.

Bookings can be made at the reception desk or via e-mail, alderwood.leisure@rushmoor.gov.uk, telephone 01252 344 438. All the main childcare voucher providers are accepted.

During the day, children will have the opportunity to take part in outdoor and indoor play, including a range of sports and games along with arts and crafts.

Princes Hall

Princes Hall, Princes Way, Aldershot, GU11 1NX. Box office: 01252 329 155

Play In A Day – Charlie and the Chocolate Factory

Thursday 26th July, 10am – 4pm. Ages 7-11 years, Tickets: £19

A must for all drama fans! Expert leader Debi Rush will give you the opportunity to learn new theatrical skills, meet new friends, build confidence and work on a short play that will be performed to parents at the end of the day.

<http://www.princeshall.com/event/55001/play-in-a-day>

(Also, Play In A Day – Aladdin, Thursday 25th October - <https://www.princeshall.com/event/55201/play-in-a-day>)

Dance In A Day

Tuesday 31st July, 10am – 4pm, Ages 6 – 10 years, Tickets: £19

A must for all dance fans, and movers & shakers! Expert leaders Justine and Sian will give you the opportunity to learn new dance moves and skills, meet new friends, build confidence and work on a number of short choreographed pieces that will be performed to parents at the end of the day.

<http://www.princeshall.com/event/55002/dance-in-a-day>

(Also Tuesday 23rd October - <https://www.princeshall.com/event/55402/dance-in-a-day>)

Tech In A Day

Friday 3rd August, 9.30am – 3.30pm, Ages 12 – 16 years, Tickets: £25

Ever wanted to know how all the lights on stage work, the difference between a dimmer and a gobo, how to fix feedback or put a P.A. together? Then this could be the course for you! Expert technicians will guide you through a full day of lighting and sound, and give you an understanding of what it's like to work back stage. Perfect for someone who is interested in going into the technical side of theatre.

<https://www.princeshall.com/event/61001/tech-in-a-day>

The Gruffalo's Child

Saturday 1st September and Sunday 2nd September, 1.30pm & 4.30pm, Tickets: £14.50 / 10+ £11.50

Hot on the heels of The Gruffalo's sell out tour comes The Gruffalo's Child - with attitude! Just how brave is she? Find out for yourselves by joining her on tour this autumn. The Gruffalo said that no gruffalo should ever set foot in the deep dark wood. . . One wild and windy night the Gruffalo's Child ignores her father's warning and tiptoes out into the snow. After all, the Big Bad Mouse doesn't really exist... does he?

<https://www.princeshall.com/event/66001/the-gruffalos-child>

SNAP Disco

Fridays 14th September and 12th October, 7pm – 11pm, Ages 11 – 16 years, Tickets: £8

Once a month on a Friday evening, the Princes Hall hosts a SNAP Disco. The discos are a joint venture between Rushmoor Borough Council and the Hampshire Constabulary, and offer young people between the ages of 11 and 16 a great night in a safe and secure environment.

<https://www.princeshall.com/event/57002/snap>

<https://www.princeshall.com/event/57003/snap>

Princes Hall Youth Theatre

From Tuesday 11th and Saturday 15th September, Ages 5-8's, 9-11's and 12-16's, Term cost: £85

The Princes Hall's Youth Theatre is ideal for those who enjoy performing and want to learn more about acting. It is a great opportunity for those wishing to build their confidence in a relaxed and supportive environment.

<https://www.princeshall.com/youththeatre>

All Star Super Slam Wrestling

Tuesday 23rd October, 7.30pm, Tickets: £16.50 / Child 311.50 / Family (4) £51

Great action packed Championship line up of top British Title Holders against the rest of the world Challengers! Superslam wrestling action returns to the Princes Hall with an explosive night of top class wrestling action with a host of International wrestling superstars to bring the American razzmatazz to the Aldershot wrestling fans in this star studded bonanza.

<https://www.princeshall.com/event/63601/all-star-super-slam-wrestling>

Milkshake! Live

Friday 26th October – 12 midday & 3.30pm, Tickets: £17 / Child £15.50 / Family (4) £60

Milkshake! Live, The Magic Storybook, stars Milkshake! favourites Bob the Builder, Little Princess, Noddy, Toyland Detective, Fireman Sam, Shimmer and Shine, Pip Ahoy!, Winnie and Wilbur, Wissper as well as Milkshake!'s very own Milkshake! Monkey and two Milkshake! presenters at every show.

<https://www.princeshall.com/event/70001/milkshake-live>

Picnic and Pop in Manor Park, Aldershot – Saturday 28th July 2018

<https://www.picnicandpop.co.uk/>

Picnic and Pop is a one day family festival in the heart of Aldershot. The main focus will be the main stage with some of the UK's best tribute acts alongside the very best local bands and talent. As well as the main stage, there will be a variety of other family entertainment including a fun fair, inflatable slides and castles and other activities to keep your kids busy. We will also have some delicious quality street food vendors and a licensed bar.

The David Bowie Experience

Little Mix Tribute – LMX

Mars Live – Bruno Mars Tribute

Ed Sheeran Tribute by Lee Muldoon

Plus local bands including Fuzz Universe, The Cobbles and The Dolomites

Standard price tickets can be purchased via the website and can also be purchased locally in Aldershot without booking fee at The Funky End, Station Road, Aldershot, GU11 1HT. The Source Young People's Charity is the chosen charity for the festival.

Aldershot PlayFest 2018 – Saturday 4th August

An amazing free day of play and games is coming to Aldershot town centre on Saturday 4 August. Aldershot PlayFest! is an action-packed day of fun hands-on play and games for all ages. There are stacks of free activities to look forward to throughout the town centre between 10am and 4pm.

Families can play a giant board game at The Games Shop, make some sticky slime with crazy scientists, create a new craft and get arty with Messy Play, build a masterpiece in a brick building workshop, try their hand at circus skills, watch a puppet show, challenge the balloon modellers, see a magician in action and get outdoorsy with some bushcraft.

Over at the Workshop Marquee, youngsters will be able to join in with drumming, jazz dance, musical theatre, martial arts and even lion dancing taster sessions! Aldershot Library will also be holding exciting storytelling sessions and baby rhyme time workshops.

*Workshop session times are to be confirmed. All activities listed are free. www.rushmoor.gov.uk/playfest

Junior Activities at Farnborough Leisure Centre and Aldershot Pools

Farnborough Leisure Centre

Westmead, Farnborough GU14 7LD. Telephone 01252 370411. Website www.farnboroughleisurecentre.co.uk.

Fit For Sport Activity Camp 4-12 years

Fit For Sport has been delivering OFSTED registered camps for children aged between 4-12 years old for 25 years and will be working with the existing team to continue the successful Activity Camps at Farnborough. They will be delivering a wide range of activities this holiday making sure kids have fun, make friends and keep moving during the holidays.

To book your place this holiday visit www.fitforsport.co.uk or call 0845 456 3233.

Swim for £1 in the school holidays

For 16 years and under, swim for just £1 during Hampshire school holidays. Visit the website for details.

Family Fun Splash Times

Family Fun Sessions with floats. Monday to Friday 11.00am–12.00noon and 2.00–3.00pm during Holidays *. Call 01252 370411 or visit www.farnboroughleisurecentre.co.uk for swimming and fun session times.

Children Under 8 Swim FREE – one under 8 free with every full paying adult.

Adventure Reef Soft Play

The soft play centre has an underwater theme. For children under 12 years. Under 5's area with a mini ball pond, wavy slide and soft toy fun. Over 5's area with wavy slides, ball ponds, twisty swings and rope climbs. Height restrictions apply. Socks must be worn and children under 8 must be supervised by an adult at all times.

Junior Gym

11–16 year olds can use the gym between 10.00am– 11.00am and 2.00pm - 3.00pm every day* during Hampshire school holidays.

An induction session is required. Junior Gym session £5.00, Induction Session £17.00.

Crèche

The fully supervised crèche at Farnborough Leisure Centre is for children aged 8 weeks to 5 years 11 months while you use their facilities.

Please call 01252 370411 or visit the website for the Centre's opening times or more information.

Holidays at Farnborough Bowl

Look out for Holiday Bowling Deals. Call 01252 554046 for more information or visit www.farnboroughbowl.co.uk

*Please visit www.farnboroughleisurecentre.co.uk or call 01252 370411 for Holiday Opening Times.

Aldershot Pools

Guildford Road, Aldershot GU12 4BP. Telephone 01252 323482. Website www.aldershotpoolscomplex.co.uk.

Swim for £1 in the school holidays

For 16 years and under, swim for just £1 during Hampshire school holidays. Visit the website for details.

Family Splash Times

Family Fun Sessions with floats. Monday to Friday 3.00pm-4.00pm during Holidays*.

Call or visit the website for swimming and fun session times.

Junior Gym

11–16 year olds can use the gym between 10.00am – 2.00pm on Tuesday, Thursday and Saturdays during Hampshire school holidays*.

An induction session is required. Junior Gym session £5.00, Induction Session £17.00.

*Please visit www.aldershotpoolscomplex.co.uk or call 01252 323482 for Holiday Opening Times.

Aldershot Lido

Guildford Road, Aldershot GU12 4BP. Telephone 01252 369834 Website www.aldershotlido.co.uk

Open Sunday 1st July – Sunday 2nd September 2018.

10am – 6pm daily (10am – 5pm Bank Holidays).

Opening times

- 10am to 6pm (bank holidays 10am to 5pm)
- Last entry is an hour before closing

Early morning lane swimming

- Sunday - 8am to 9am (from 3 June to 2 September)
- Wednesday - 7am to 8am (from 4 July to 20 August)

Ticket prices and special offers

- Adult day tickets - £7.60, juniors and senior citizens - £4.50
- Family tickets, season tickets, military discounts and a loyalty scheme
- After 3pm all tickets are half price

For further information call Aldershot Lido on 01252 369834 or the Indoor Pool on 01252 323482, or visit www.aldershotlido.co.uk

West End Centre – Summer Activities

48 Queen's Road, Aldershot GU11 3JD. Box office 01252 330 040. www.westendcentre.co.uk

Pottery Name Plates

Mon 30 July, 10:30-12:30, £5pp

<https://www.westendcentre.co.uk/event/summer-playscheme-pottery-name-plates>

Creative Crafts

Tues 31 July and Tues 21 Aug, 10:30-12:30, £5pp

<https://www.westendcentre.co.uk/event/summer-playscheme-crafts>

Dance & Craft

Wed 1st Aug and Wed 22nd Aug ; 10:30-12:30, £5pp

<https://www.westendcentre.co.uk/event/summer-playscheme-dance-craft-group-1>

Music & Craft

Thurs 2nd Aug and Thurs 23rd Aug: 10:30-12:30, £5pp

<https://www.westendcentre.co.uk/event/summer-playscheme-music-craft-group-1>

Pottery Animal Trinket Dish

Mon 20 Aug, 10:30-12:30, £5pp

<https://www.westendcentre.co.uk/event/summer-playscheme-pottery-animal-trinket-dish>

Sing-along Beauty & the Beast

Fri 24 Aug: 10:20-12:30, £5pp

<https://www.westendcentre.co.uk/event/summer-playscheme-sing-along-beauty-and-beast>

Sing-along Muppet Movie

Mon 3 Sep: 10:30-12:30, £5pp

<https://www.westendcentre.co.uk/event/summer-playscheme-sing-along-muppet-movie>

Autumn Term classes from 10 September:

Westy Youth Theatre (8-12s)

Mondays 17:00-18:30, £60 for the term

Whether you're an aspiring actor or simply want to have fun, our Youth Theatre groups explore a wide range of drama techniques that will help to improve your confidence and build your acting skills. Come and get stuck-in to some proper acting, including taking part in performances for an invited audience, with tutor Bekki Budd.

<https://www.westendcentre.co.uk/event/westy-youth-theatre-8-12s>

Westy Youth Theatre (12-14s)

Tuesdays, 18:00-19:30, £80 for the term

<https://www.westendcentre.co.uk/event/westy-youth-theatre-12-14s>

Westy Youth Theatre (14-19s)

Mondays, 19:00-20:30, £80 for the term

<https://www.westendcentre.co.uk/event/westy-youth-theatre-14-19s>

PAG Summer Playscheme Dance, Music and Craft for Special Needs Children and their families

West End Centre, Queens Road, Aldershot, GU11 3JD. Box office: 01252 330040

Phone the Centre to book, or book online <http://www.hampshireculturaltrust.org.uk/west-end-centre>

Week 1

All sessions 10.30am- 12.30pm unless otherwise stated. Each session costs £5 per child and includes 1 adult.

Monday 30th July -- **Pottery** (name plates)

Tuesday 31st July -- **Crafts**

Wednesday 1st August -- **Dance and crafts**

Thursday 2nd August -- **Music and crafts**

Friday 3rd August -- **Sing-along Muppet Movie**

Week 2

All sessions 10.30am- 12.30pm unless otherwise stated. Each session costs £5 per child and includes 1 adult.

Monday 20th August -- **Pottery** (Animal trinket dishes)

Tuesday 21st August -- **Crafts**

Wednesday 22nd August -- **Dance and crafts**

Thursday 23rd August -- **Music and crafts**

Friday 24th August -- **Sing-along Beauty and the Beast**

For more information please contact: info@pagforspecialplay.co.uk or visit www.pagforspecialplay.co.uk and

<https://www.facebook.com/ParentsActionGroup/>

Children remain the responsibility of their adults at all times

Bicycle Holiday Club

If your child is in School Years R to Year 6 and either needs help riding a bike without stabilisers, is new to riding a bike, or would like to learn some more skills, then please book a session/s. They will be on:-

Monday 6th August 2018 and Tuesday 7th August 2018 at Alderwood Leisure Centre, Aldershot, GU12 4AS

There are 4 sessions in total run by Qualified British Cycling Coaches and National Standard Instructors. The times of the sessions each day are 10am-11am, and 11:30am-12:30pm

Just book for some or all of the sessions.

Cost per child/per session is £5 payable beforehand.

Children can bring their own bikes and helmets, but on pre-request, a bike and helmet can be provided for younger children, Year R to Year 1 (subject to availability).

Please email balanceandride@gmail.com if you would like to book your child/children, or if you require more information.

Runway's End Outdoor Centre Action Adventure days

1 Forge Lane, Aldershot, GU11 2RE

Monday 13th August, Thursday 16th August, Wednesday 22nd August, Friday 24th August, Wednesday 29th August, Thursday 30th August

Action Adventure days for 8 to 14 year olds are back by popular demand during the Summer holidays! Multi-activity adventure days offer a taste of Runway's End best activities. These fun, action packed courses fill up quickly, so please book early.

A full day, 9.00am – 4.30pm (drop off from 8.30 - 9.00am, collection from 4.30-5.00pm), for 8-14 year olds to experience a range of the activities on offer at Runway's End. This may include Archery, Caving, Shooting, Climbing and Water sports. Meals / drinks are not provided, please bring a packed lunch, drinks and snacks for the day. Also ensure that all children have a complete change of clothes including footwear and bring a towel. Price £45 per child (sibling rate £22.50). For more information:

www.hants.gov.uk/thingstodo/outdoorcentres/familiesgroups/actionadventuredays

Wednesday After School Club

Come and try activities such as archery, indoor climbing, and canoeing! 4.30 - 6pm, for ages 8 to 14 years old.

Autumn Term Dates; 12, 19, 26, September, 3, 10 17 October

Price for 6 sessions; £48.00. More information and booking:

<https://www.hants.gov.uk/thingstodo/outdoorcentres/ourcentres/runways/afterschool>

Hawley Community Gardens – Summer Workshops

@Hawley Community Garden, Prince Charles Crescent

Family workshops to enjoy together! You have the chance to help in the garden and take part in these activities:

SEWING WITH GINNY - Tuesday 31st July 11:00 – 13:00

Back by popular demand. Making canvas bags, perfect for carrying home veg from the garden! Make your own unique design.

BLOOMING MARVELLOUS BUG HUNT - Wednesday 22nd August 10:00 – 12:00

Come and explore the wildlife garden, capture minibeasts to view in a magnifier!

GIFT CARD MAKING WITH PAULA - Wednesday 29th August 14:00 – 16:00

Make your own personalised gift card, to your own design!

Come on foot as no parking on site. All children under 13 must be accompanied by an adult.

Light refreshments and all equipment and materials will be provided.

Workshops are free. Donations warmly welcomed.

Priority given to Hawley Lane Estate residents.

Email: events@hawley.org.uk Phone: 07748 704704

SPECIAL DATE FOR THE DIARY: HARVEST FESTIVAL 22ND SEPTEMBER 11:00 – 15:00

Royal Army Physical Training Corps (RAPTC) Museum

Visit the Army School of Physical Training to find out about the instructors who train the British Army to be fit to fight. See the uniforms, medals, trophies and equipment used by the Corps, with puzzles, trails and dressing up activities for kids.

Free entry, open Monday-Friday 10am-4pm.

Fox Lines, Queen's Avenue, Aldershot, Hants, GU112LB.

01252 787852, Eli.Dawson103@mod.gov.uk, www.RAPTCMuseum.co.uk

PACE in Rushmoor & Hart – Free event for parents, carers and professionals, 27th September



The poster is for 'PACE Parents and Carers Events'. It features a light blue background with white clouds and a yellow sun in the top left. The NHS logo is in the top right, with 'Hampshire Child and Adolescent Mental Health Services' below it. The word 'PACE' is written in large, white, textured letters, with 'PARENTS AND CARERS EVENTS' in smaller white letters below it. A central text box says 'PLUS MUCH MORE'. Surrounding this are several cloud-shaped boxes containing topics: 'Challenging behaviour', 'Eating difficulties', 'To increase confidence, knowledge in managing potential concerns', 'Suitable for professionals working with young people', 'Crisis and self harm', 'Anxiety management', and 'Specialist information stands open between 11am-6pm'. A 'Free event' box is also present. At the bottom, the event details are listed: 'Thursday 27 September 2018 - Open from 11am-7pm', 'Rushmoor Borough Council Building, Farnborough Road, Farnborough, Hampshire, GU14 7JU', 'Stay as long as you like but booking is essential for workshops', and 'Book at www.hampshirecamhs.nhs.uk'.

NHS
Hampshire Child and Adolescent
Mental Health Services

PACE

PARENTS AND CARERS EVENTS

Challenging behaviour

Eating difficulties

To increase confidence, knowledge in managing potential concerns

Suitable for professionals working with young people

PLUS MUCH MORE

Crisis and self harm

Anxiety management

Specialist information stands open between 11am-6pm

Free event

Thursday 27 September 2018 - Open from 11am-7pm
Rushmoor Borough Council Building, Farnborough Road,
Farnborough, Hampshire, GU14 7JU
Stay as long as you like but booking is essential for workshops
Book at www.hampshirecamhs.nhs.uk



Service provided by Sussex Partnership NHS Foundation Trust

Rushmoor Wellesley 10k – Sunday 14th October

Enter the Rushmoor Wellesley 10k this October 14th; if 10k is not your thing, there is a free family 2k fun run, and a free finishers medal. For further details go to the website:

www.Rushmoor10k.co.uk

12 walks of Farnborough and Cove and Rushmoor Memorial and landmark hunt

Fancy getting out and about in the school holidays with all the family? Rushmoor Borough Council has two great suggestions for you.

Why not check out the 12 walks of Farnborough and Cove – a series of walks all in one booklet which details landmarks and the history of Farnborough. A booklet can be downloaded from our website

www.rushmoor.gov.uk/walks

Fancy a bit of a challenge and a chance to win a prize? – try the memorial and landmark hunt and find the answers to the clues. There is one for both Farnborough and Aldershot, details of which can be found at www.rushmoor.gov.uk/memorialhunt - enter online or hand your completed form into the Council offices. Closing date is 2nd September. Details of prizes can also be found on the webpage.

NEWS FROM AND FOR RUSHMOOR SCHOOLS & COLLEGES

An invitation to schools and colleges in Rushmoor

The Rushmoor Voluntary Services 2018 Volunteer Recognition Event in November would like to pay tribute to the hundreds of people who regularly support local education by volunteering.

They will be inviting schools in Rushmoor to nominate their volunteers to receive formal recognition for their vital contribution to local education. They are keen to involve your volunteers, and especially to recognise the contribution made by Governors and others who help to make our schools a better place for children and young people.

Full information and nomination forms are available from Greg Alexander at Rushmoor Voluntary Services – greg@rvs.org.uk - 01252 540 162

Sixth Form College Farnborough – Open Days

The Sixth Form College Farnborough will be holding Open Days for entry in September 2019 on 17 and 18 October 2018 from 15:30 - 21:00. Come along and find out about what we have to offer - there is no need to book.

Family Lives – Rushmoor Student Wellbeing Project at Farnborough 6FC and FCOT

Family Lives, a national charity working with families and young people, have been running drop-in and one-one sessions for 16-19 year olds at the two Farnborough colleges. In September, with the new cohort of students transitioning from school to college, their expert will be on-hand to assist students with their new-found responsibility and independence, to improve motivation, life skills and resilience. Sessions are available via tutors or the online appointment system.

www.familylives.org.uk

Family Lives Hampshire telephone: 020 7533 3081

Email: hantsinfo@familylives.org.uk

Family Lives helpline: 0808 800 2222

Serco Recycling Projects and Serco Commercial Services for Rushmoor Schools

In August 2017, Serco was appointed as Rushmoor Borough Council's Waste and Recycling Contractor. Under the Partnership Serco have developed a whole programme of lessons, assemblies, hands-on experiments and interactive outdoor sessions available to pupils, as well as a whole range of Commercial Services for the school. They can tailor recycling information to your needs, often for Primary Schools (KS1 and KS2) they bring a recycling vehicle into the school playground, encouraging children to look around the vehicle and ask questions, which is highly effective. This is usually run alongside a Recycling Poster Competition. Serco would like to visit schools in the borough at no cost to schools to discuss educational resources available and talk to you about the commercial services they can offer you.

They can provide:

- Waste and Recycling Collections
- Landscape Services (sports pitch maintenance, grass-cutting, line painting, horticulture and arboriculture)
- Play Area Services (redesign, refurbishment, design, construction, supply, installation, inspection and maintenance)
- Cleansing (sweeping, weed control, bin washing and pressure washing)

For **Educational Resources** - details are available from Robert Noble, Rushmoor Contract Manager, at robert.noble@serco.com

To discuss your **Commercial Service** requirements please contact Anna Fraser, Commercial Manager (Rushmoor), at anna.fraser@serco.com

Serco can adapt the educational information and commercial services to the needs of individual schools, as well as uniformed organisations, youth groups, Residents associations, etc.

WHAT'S ON BEYOND RUSHMOOR

Bisley Bowmen Field Archery Company

At Bisley Camp, Bisley

www.bisleybowmen.co.uk

01483 224 653

medhitec@hotmail.com

Large practice butts and a setting in butt. There are 36 Targets in the 20-acre woods with a tree-stand, and horse saddle to shoot from. Shelter is provided by a large permanent wooden gazebo to allow some shooting in bad weather. Affiliated to the National Field Archery Society and open for beginners of all ages as well as experienced Archers. The NFAS Qualified Coaches are DRS checked and can coach all styles of Archery.

New members and visitors start with a 'Total Archery Experience', which is an introduction to the club, guaranteed to be great fun for children and adults. You may use the day as just a fun day, celebration day or as training to join the club, which is open for 365 days per year for club members, without prior booking. You may book for The Total Archery Experience any day of the week including weekends.

You phone in at 9.00am on the day you have booked to do a weather check, and then meet at 10.30am to proceed to the 20-acre course. Then on to the practice butts with modern recurve bows to hone your skills for about an hour. You will then handle a full range of bows including long bow, flat bow, Scythian, Mongol, Native American, Compound and Crossbows. Then you proceed on to shoot the 36 target Field Archery course including a tree stand, and a saddle horse, where you will learn about the rules, safety rules and shooting etiquette.

There are excellent catering facilities on site for an optional meal and chat, and there are modern clean toilets on site. You will finish at about 3.00pm. The cost is £35 per person, £30 per person if more than 4 people.

Once you have completed the 'Total Archery Experience' you will have had enough training to safely use the Club and Course as a beginner, or be safe shooting at home. The club is open for anyone to join and membership includes 3-4 free Club Shoot Days per year with free refreshments.

Anvil Arts Basingstoke – October productions for children and families

01256 844244 | www.anvilarts.org.uk

THE GRUFFALO'S CHILD - 11 – 14 Oct | The Haymarket Thu 4.30pm, Fri, Sat & Sun 10.30am & 1.30pm

Join the Gruffalo's Child on her adventurous mission in Tall Stories' magical, musical adaptation of the much-loved picture book by **Julia Donaldson** and **Axel Scheffler**.
£14.50 (includes £2 booking fee). Infant in Arms £1 (call 01256 844244 to book)
Suitable for: ages 3 and over

PEPPA PIG'S ADVENTURE - 24 – 25 Oct | The Anvil Wed 1pm & 4pm, Thu 10am & 1pm

Join Peppa as she gets ready to go on an exciting camping trip to the woods with George and her school friends, including Pedro Pony, Suzy Sheep and Gerald Giraffe.
£19 (includes £2 booking fee). Infant in Arms £1 (call 01256 844244 to book)

NEWS FROM PARTNER ORGANISATIONS AND GROUPS

Breakout Youth – LGBT Support for young people in Rushmoor

Breakout Youth is a local charity that supports young people up to 25 who identify as Lesbian, Gay, Bisexual, Transgender and are questioning their sexuality and/or gender identity. The service runs across Hampshire, **and also now in Rushmoor.**

They deliver weekly LGBTQ+ youth groups, gender identity groups, music groups, parent support and family support for children between the ages of 7-11 all held in confidential locations. As well as the groups, they also offer initial 1-2-1 support sessions to be able to give the young people a chance to develop a positive relationship with the youth worker and build confidence before coming to the group setting.

Providing a range of support services including: activities to build confidence, informative talks relevant to LGBTQ+ young people, peer support, access to other services, support with telling people about their gender or sexual orientation and/or gender identity, sexual health advice, support to stay safe in relationships and the community.

Web: <http://www.breakoutyouth.org.uk>

Phone: 023 8022 4224

Hart & Rushmoor Family Support Service – Young Parents Support Group

Hart & Rushmoor Family Support Service are establishing a group to support young parents age 19 and under throughout their pregnancy and up until their child is 1 year old. The group will encourage positive peer support, leading a healthy lifestyle and provide emotional support to both new Mums, and Dads.

The group will be a safe place for young families to build relationships, seek support and receive advice and signposting, in an environment which is non-judgemental. The group will be a referral only service by professionals, for families who meet the Level 2 criteria of needing support in more than one aspect of their family life.

For more information, please contact Natalie Whitby-Lear 0759 062 1072 or email natalie.whitby-lear@hants.gov.uk

Aldershot and Farnborough Calendars 2019 – photography competition

Keen photographers are being encouraged to get out their cameras out and get snapping their favourite parts of Aldershot and Farnborough to be in with a chance of their photos being included in the town's official calendars. Entries are now open for the 2019 calendars, which will go on sale in November, priced at just £5, with all proceeds donated to the Mayor of Rushmoor's charities.

Last year's Aldershot calendar included images of Princes Gardens, the Wellington Statue and Manor Park. The Farnborough Calendar featured the Cody statue, Farnborough Abbey and the Airship Hangar on Farnborough Airfield.

This year, organisers of the competition are keen to encourage more photos of activities and events that are recognisably in Rushmoor, as well as photos of landmarks, parks and buildings. They are also keen to receive photos from children and young people.

To enter, photographers should simply send in images of their favourite building, monument, garden, park, activity, event or seasonal scene by Friday 28 September. The 12 best images will be included in the 2019 calendar for each town.

Enter the 2019 calendar competition online

You need to submit your entries for the competition before Friday 28th September.

<https://www.rushmoor.gov.uk/aldershotcalendar>

<https://www.rushmoor.gov.uk/farnboroughcalendar>

3rd Farnborough Scout Group – Beavers, Cubs, and Scouts

3rd Farnborough Scout Group offers #SkillsForLife and everyday adventure for boys and girls aged between 6 and 14. They are also in need of more adult volunteers to keep the group growing and providing more and more adventures to young people.

To find out more, please visit www.3rdfarnboroughscoutgroup.org.uk or call Iain Roy on 07795 121731

Beavers

Beaver Scouts are the youngest members aged between 5½ and 8. They meet weekly to take part in a wide range of activities including games, crafts, singing, visits, and good turns, along with plenty of outdoor activities. The Beavers also have the opportunity to take part in the fun and excitement of sleepovers and camps. It may be the first time they spend a night away from home so it's a real adventure for them!

They meet on a Monday evening at their Scout HQ on Sand Hill 5.30pm – 6.30pm

Cubs

For Cubs, excitement and adventure are key. The Cubs – aged between 8 and 10½, take part in a wide range of activities designed to be interesting and challenging. They meet weekly during school term and meetings consist of games and activities with plenty of time spent outdoors. Camps and days out are some of the most memorable events of the year for Cubs.

They meet on a Monday evening at their Scout HQ on Sand Hill 6:30pm – 7:30pm

Scouts

For Scouts, outdoor activities feature prominently with the highlight being camping. Throughout the year, Scouts learn various skills such as map reading, camp cooking, and first aid. Rock climbing, archery, rifle shooting, pot holing, raft racing, photography, and caving are just some of the things the Scouts get up to.

They meet on a Thursday evening at their Scout HQ on Sand Hill 7:00pm – 9:00pm

Farnborough Rotary Club

Farnborough Rotary Club has an established and growing programme of events and activities for young people with business, vocational and cultural aspects.

Interview Practice and Business Skills: The business expertise that exists within the Club is being put to use within our local community, with members sharing their knowledge to help students understand the many challenges they face in the employment world. They have a wide range of people with both career and business skills, which they believe would help and encourage your young students.

In recent years, the Club has been successfully helping students of all ages in local schools with **Mock Interviews**, **Enterprise Challenges** and an **Aspiration Week**. These activities are aimed at all ages including primary schools. They can also help to organise **Skills Festivals** where groups can visit about four business stalls for 30 minutes and conduct a task while learning about a job, career or higher education opportunities.

During the past year, they have provided around 150 man-hours of support to several local schools with mock interviews. Like the schools, they believe this is invaluable support to the students as they approach their first interviews. They remain committed to this service and would welcome further requests for help.

2018 Year of Engineering: To mark this year the Club would be very happy to work with schools to deliver a lecture on engineering: its wide scope and career opportunities. Please speak to Charlie Fraser-Fleming if this captures your imagination.

If you feel that your school could benefit, and you would like some help with these ideas or any other business issues please contact Charlie Fraser-Fleming who would be very happy to organise a visit by club members to discuss possibilities and needs. This can be done at any time in the school year. However, please give as much notice as you can. Contact Charlie Fraser-Fleming at charlie_ff@outlook.com 07714 322 352.

The 2017/2018 **Rotary Young Chef Competition** is now complete. If you are interested in taking part in next year's competition please contact Jan Bowen for further details at jan.bowen1331@gmail.com

Parent Voice

Parent Voice workers cover each district in Hampshire and are keen to build upon local knowledge and networking. The Parent Voice Workers are supported by a Researcher and a dedicated advice line team. The easiest way to access support is via the Parent Voice Advice line - **0300 303 8603**. The team will ensure that a Parent Voice Worker gets back to you within 2 working days. Mary Baldwin covers Basingstoke, Hart and Rushmoor.

The Parent Voice website is full of useful information and publications are parent friendly and contain practical ideas, signposting and helpful resources. www.parentvoice.info/en/Resource_Library

They are able to offer information / signposting relating to a large range of topics and are happy to attend team meetings, support groups or coffee mornings to explain more about how they can help. Their focus is on providing information/ signposting rather than intensive individual support. They can provide information to professionals to help them support the families that they are working with and answer more specific queries where needed. They are not able to manage cases but the team are happy to contribute information to a case where relevant.

They are not able to take on complex referral tasks - they signpost to services and help parents make initial contacts but the nature of the role means that they are not best placed to be the referring service. Rather than attending case meetings they will liaise with the lead professional and provide information and advice. Where possible they are able to offer support to parents with form filling or understanding official documents, but do not have the resources to provide face to face support with Disability Living Allowance. They will however, provide information about resources and guides families can use to help with the forms. Where possible they prefer to meet with families away from the home although they will make an exception if the parent is unable to leave the house.

PEBL Update

PEBL Grants Pots

Individuals or community groups based on the Prospect Estate can apply for a PEBL (Prospect Estate Big Local) grant to help run a new local project that will benefit Prospect Estate residents. Applications can be made for between £100 and £500 (in exceptional circumstances £1,000 may be awarded).

Email pebl.coordinator@gmail.com or call 07879 384 014

PEBL Internet Café

Are you a resident of the Prospect Estate? Then come along and enjoy free refreshments, advice, support and Wi-Fi. Develop new skills or just keep in touch with family and friends. Every Saturday 10am – 12noon at the Prospect Community Centre. Email pebl.coordinator@gmail.com or call 07879 384 014

PEBL Money Advice

Free confidential, individual advice in all areas of money management including banking, budgeting and claiming benefits for residents of the Prospect Estate. Every Wednesday 10am - 3.30pm at the Prospect Community Centre.

Email pebl@rushmoorcab.org.uk or call 07468 860 450

PEBL Skills Café

PEBL's friendly team welcomes Prospect Estate residents for a chat over coffee. Come along and identify your skills as well as develop new ones, write a perfect CV, make job applications, and prepare for interviews.

Just drop in...no appointment necessary. Every Wednesday 10am - 3.30pm at the Prospect Community Centre.

Email skillscafe@pebl.info or call 07340 017 342

PEBL's Knit, Natter and Games

All welcome. Free entry! Good company! Free tea and biscuits! Come along and make new friends while knitting and nattering. 2nd and 4th Tuesdays of the month from 2.00 - 4.00pm at the Prospect Community Centre.

Email pebl.coordinator@gmail.com or call 07879 384 014

Unsafe to Safe

One-to-one support is available for young people aged 13 to 25 with a connection to the Prospect Estate. To have a chat and see how they can help with problems, troubles or worries, please call or text 07468 538 412 or Email tracy@creatingfutures.org

PEBL's After School Reading Club

Children aged 4 ½ to 11 from Cherrywood School come in and discuss/read books that PEBL provide. They have the opportunity to practice their reading and parents can see how they can do this at home with their children.

Maureen Cole and Karen Bowman from PEBL read with up to 4 children each on Thursdays.

Getting started on Computers

These beginners IT sessions will give you a basic knowledge of computers, software and hardware, the internet and email. **Dates: 6th, 13th, 20th, 27th June** (This is a 4 day course)

From: 10.00 am – 1.00 pm at the PEBL Skills Café, Prospect Community Centre, Mayfield Road, Farnborough, GU14 8UA.

This course is FREE to those looking for work/in receipt of benefits (evidence may be required)

If you would like to attend this session, please contact Community First telephone: 0300 500 8085, email

bookings@cfirst.org.uk - or you can book online at: <https://www.cfirst.org.uk/training/booking/>

TRAINING AVAILABLE

British Red Cross Everyday First Aid – courses for groups

The British Red Cross offer groups a two hour First Aid course to teach a few simple skills that could save someone's life. The cost is £60 for group sessions. They will come to your venue to deliver this course. For more information please contact: Becky Paton on 07590 445 388 or email: bpaton@redcross.org.uk

Rushmoor Voluntary Services Training Opportunities

Emergency First Aider at Work 2018

Wednesday, 10th October Wednesday, 5th December

9.00am - 4.00pm, cost £60.00

Farnborough Community Centre, Meudon Avenue, Farnborough GU14 7LE

Emergency First Aider at work is regulated by HSE and effectively replaces the Appointed Person Course -

Certification is valid for 3 years with HSE approval (No 38/04)

For more information and a booking form, please call 01252 540 162 or email: support@rvs.org.uk

'MiDAS Training' (Mini-Bus Driver Awareness Scheme)

Wednesday, 5th September Full

Wednesday, 3rd October Refresher

Wednesday, 7th November Refresher

Costs: Full Courses:

RVS members: £60 (non accessible) and £80 (accessible) / Non members: £70 (non accessible) and £90 (accessible)

Refresher Courses:

RVS members: £40 (non accessible) and £60 (accessible) / Non members: £45 (non accessible) and £65 (accessible)

Accessible training enables the driver to use the tail lift and take wheelchair passengers. The Trainer will arrange a suitable date and time for the driving assessment.

For more information, please contact Viv on 01252 540162 or email: viv@rvs.org.uk

Accredited Food Hygiene

Accredited Food Hygiene Courses are facilitated by Rushmoor Borough Council. Cost is £40 for a three-hour course.

The Food Safety in Catering Course is a level 2 equivalent certificated course for anyone working in a catering setting where food is prepared, cooked and handled. The course is aimed at volunteers and people working with voluntary and community groups. To book your place(s) please contact Sue Clements, Environmental Health and Housing Services, Rushmoor Borough Council, Council Offices, Farnborough Road, Farnborough, Hants, GU14 7JU, telephone 01252 398 139 or email the required information to sue.clements@rushmoor.gov.uk

Traineeship Plus – Starting September 2018 across Hampshire

Health and Social Care, Construction (18+), Business Admin and more

Do you know a young person keen to get their first job, but who needs a helping hand?

Hampshire Futures' Traineeship Plus Programme is running again in September and applications are now open.

Traineeship Plus helps young people who are keen to work but lack the skills and experience that employers are looking for. The programme gives them the opportunity to undertake a three month work placement in lots of different areas so their move into employment is not as daunting. At the same time, they gain support from dedicated tutors to improve their English and maths and attain an employability qualification.

Traineeships are available for young people aged 16 to 24 and for young people with Learning Difficulty Assessments or Education, Health and Care Plans up to academic age 25, qualified below level 3.

Many trainees have gone on to secure apprenticeship opportunities within Hampshire County Council, and Hampshire Futures aims to ensure the young people benefiting from the programme have suitable opportunities for progression before they complete the course.

For Louise Holloway a Traineeship Plus work placement led to a permanent position. She said: "The best thing about the Traineeship was that got me out of my comfort zone. It helped me expand my experience. It also helped me get ready for other job opportunities."

Applicants must hold a minimum grade D or level 3 in GCSE English or maths (non GCSE qualifications are considered on an individual basis). For more information, and to download an application form, visit www.hants.gov.uk/yourfuture Alternatively, email hyip@hants.gov.uk or phone 01962 846 193.

FUNDING & GRANTS CURRENTLY AVAILABLE

Rushmoor Borough Council Grants

There are three funds to apply to:

- Community grants (up to £2,000)
- Uniting Communities grants (up to £1,000)
- Farnborough airport community environment fund (average grant is in the region of £5,000)

For more details and to apply online go to <http://www.rushmoor.gov.uk/grants>

Rushmoor Community Lottery

84 groups are currently benefiting from The Rushmoor Community Lottery. Sign up and received 50p for every £1 ticket that your supporters buy, plus a further 10p from every ticket sold goes to the Community Fund. Check out the selection criteria on the website: www.rushmoorlottery.co.uk.

Covenant Fund Workshop

Tuesday 28th August 1.00-3.00, Cromwell Room, Falcon House, Monarch Way, Winchester, SO22 5PL

This is a two hour work shop with an opportunity to learn and network with others.

You will learn about:-

- The Armed Forces Covenant
- The Covenant Fund and what makes a good Covenant Fund application
- your local armed forces communities.
- other funding options for local projects

To book a place please email armedforces@hants.gov.uk. If you have any queries, please contact Annette Lindsay on armedforces@hants.gov.uk or 02392 244170.

CMPP – Give & Get Days

What better time to get some hardworking employee volunteers to share skills with your organisation? It could be anything from a gardening project, to painting a cabin, or assisting with mock interviews; whatever you need, CMPP is here to help!

Apply for a G&G day today! Simple tell CMPP what you need and they will do their best to match you up with a company who have the skills to complete your project. Volunteer field teams will range from 5-25 employee volunteers (and can be both skilled and non-skilled, depending on the project in question).

If needed, CMPP are also able to offer £500 for resources or materials needed for your idea. All applications received will be emailed to the Partners of CMPP for consideration. They cannot guarantee that your project will be sourced but they will try to get you as much support as possible.

For more information please contact jgrant@cmpp.org.uk or to apply for a G&G day: <http://cmpp.org.uk/contact/givegetday>

Awards for All

Awards for All offers grants of between £300 and £10,000 for grassroots and community activity that aims to improve life for local people and neighbourhoods. <https://www.biglotteryfund.org.uk/global-content/programmes/england/awards-for-all-england>

Dickie Bird Foundation

The Dickie Bird Foundation offers grants with the aim of helping disadvantaged young people to participate in sport. **No deadlines.** For more information, please visit the website <http://thedickiebirdfoundation.co.uk>

Lloyds Bank Foundation

Lloyds Bank Foundation is accepting applications for its Enable programme to support people experiencing multiple disadvantage. Applications are invited on an ongoing basis. For more information, please visit the website: <http://www.lloydsbankfoundation.org.uk/our-programmes/>

The St. James's Place Foundation

The Foundation has a small grants programme for charities in the UK for helping young people with special needs or disadvantage. There are no deadlines. For more information on how to apply, please visit the website: <http://www.sjpfoundation.co.uk/apply-for-funding.aspx>

Ragdoll Foundation

The Foundation makes grants of up to £50,000 to organisations working with children and young people using the arts and creative media. The deadlines operate on a rolling basis. <http://www.ragdollfoundation.org.uk/portfolio/grant-giving>

Foyle Foundation

The Foyle Foundation Small Grants Scheme is designed to support smaller charities working at grass roots level. There are **no deadlines**. For more information, please visit the website: <http://www.foylefoundation.org.uk/small-grants-scheme>

Percy Bilton Charity

The Percy Bilton Charity is a grant making trust assisting disadvantaged youth, and people with disabilities. There are two types of grant to apply for and **no deadlines**. For more information, please visit the website: <http://www.percy-bilton-charity.org/percy-bilton-organisations>

Ashworth Charitable Trust

Grants for charitable organisations undertaking general charitable projects funded up to £5,000. **No specified deadline**. For more information, please visit the website: <http://www.ashworthtrust.org/funding.html>

Shanly Foundation

The Shanly Foundation has donated over £10 million to those in need of a helping hand, from youth clubs, schools and woodland projects to centres for adults with physical and learning disabilities. In particular, they welcome applicants that are helping to improve the welfare and quality of life of those that are disadvantaged within the community. They also support many local community events and festivals, scouts and girl guides, local schools, sports and social clubs. Full details of conditions and the application process are available at the Foundation website: www.shanlyfoundation.com

Blue Spark

Blue Spark is a charity that supports the education and development of young people and children by providing grants for educational, sporting, cultural and other projects. For more information, please visit the website: <http://bluesparkfoundation.org.uk/>

**Many thanks to all the organisations who contribute
Information to this e-Newsletter**

**www.rushmoorschoolsplus.org
www.facebook.com/RushmoorSchoolsPlus**